



National Centre for Polar & Ocean Research  
(Ministry of Earth Sciences, Government of India)  
Headland Sada, Vasco-da-Gama, Goa 403 804

**Exemption from Pre Antarctic Snow–Ice Acclimatization Training  
44th Indian Scientific Expedition to Antarctica (2024-25 )**

**AL-0406**  
**Antarctic Operations**

## UNDERTAKING

I .....(name) Son/Daughter/Wife of  
.....hereby solemnly affirm that due to my official/ personal  
commitments I will not be able to attend the pre Antarctic Snow-Ice Acclimatization Training for  
44 Indian Scientific Expedition to Antarctica organized by National Centre for Polar and Ocean  
Research at Mountaineering and Skiing Institute, ITBP Auli from ..... to  
..... and therefore, seek exemption.

I also affirm that I have been informed of the legal implications/ repercussions of not attending the  
pre Antarctic Snow-Ice Acclimatization Training programme and am fully aware of the  
consequences that may have any direct or indirect bearing on any sort of medical/ insurance  
and/or legal implications arising in case of any eventuality during the period of my deputation to  
Antarctica.

Further, I also affirm that I had undergone similar training(s) at ITBP, Auli in the  
year(s)..... during my earlier participation in Antarctic Expedition(s) and I am  
confident that I will be able to manage situations in Antarctica by virtue of earlier training(s) and  
my past experience in Antarctica in year (s)..... (**Strike out this entire paragraph if  
not applicable**)

Compelled by the circumstances, I have chosen to opt out of the training programme and  
therefore I assume full responsibility upon myself of any eventuality while at Antarctica and  
NCPOR will not be held liable or responsible.

Date:  
Place

Signature :  
Name:  
Designation:  
Organization:

Countersigned,

Signature (PI/ Controlling officer) Name:  
Designation:  
Organization: