



National Centre for Polar & Ocean Research  
(Ministry of Earth Sciences, Government of India)  
Headland Sada, Vasco-da-Gama, Goa 403 804

**Exemption from Pre Antarctic Snow–Ice Acclimatization Training  
46<sup>th</sup> Indian Scientific Expedition to Antarctica (2026-27 )**

**AL-0406  
Antarctic Operations**

**UNDERTAKING**

I .....(name) Son/Daughter/Wife of  
.....hereby solemnly affirm that due to my official/ personal commitments  
I will not be able to attend the pre Antarctic Snow-Ice Acclimatization Training for  
46<sup>th</sup> Indian Scientific Expedition to Antarctica organized by National Centre for Polar and Ocean Research  
at Mountaineering and Skiing Institute, ITBP Auli from ..... to ..... and therefore,  
seek exemption.

I also affirm that I have been informed of the legal implications/ repercussions of not attending the pre  
Antarctic Snow-Ice Acclimatization Training programme and am fully aware of the consequences that may  
have any direct or indirect bearing on any sort of medical/ insurance and/or legal implications arising in case  
of any eventuality during the period of my deputation to Antarctica.

Further, I also affirm that I had undergone similar training(s) at ITBP, Auli in the year(s).....  
during my earlier participation in Antarctic Expedition(s) and I am confident that I will be able to manage  
situations in Antarctica by virtue of earlier training(s) and my past experience in Antarctica in year  
(s)..... **(Strike out this entire paragraph if not applicable)**

Compelled by the circumstances, I have chosen to opt out of the training programme and therefore I  
assume full responsibility upon myself of any eventuality while at Antarctica and NCPOR will not be held  
liable or responsible.

Date:

Signature :

Place

Name:

Designation:

Organization:

Countersigned,

Signature (PI/ Controlling officer)

Name:

Designation:

Organization: